

# Perks and Rec

Fri Jul 5 2024



**Rachel Moskowitz** | Head of Audience

An at-home gym setup can make all the difference in achieving your fitness goals in the summertime when it's too hot to exercise outside. We have recommendations to upgrade your home gym so that you'll actually *want* to work out—plus, they're all on sale right now.

Our favorite rower, the Hydrow Wave Rower, is 11% off at [Hydrow](#). It allows you to take part in a rigorous water workout led by Olympians and world-class athletes. If rowing isn't your style, head on over to the [Carol bike sale](#) to save big on a smart workout bike that offers efficient and effective workouts. For those bold enough to brave the sweaty outdoors, [Dick's Sporting Goods](#) has you covered on all the outdoor gear you could want. Shop discounts on kayaks, mountain bikes and more.

— Rachel Levin, Head of Audience & Marketing

*Reviewed, part of the USA Today Network*

## 10 best weekend sales at Walmart, Zenni, and JLab



We found the best weekend sales to help you save on air fryers, cookware, bikes, and more. Shop deals at Zenni, Walmart, Hydrow, JLab, and more.

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## Walmart's biggest sale ever starts Monday—find out how to shop smart and save big

Walmart's biggest sales event yet, Walmart Deals, is set to start July 8. Here's everything you need to know about the first-ever shopping event.

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## Need a break? Shop our favorite vacation deals for up to 77% off

Shop the best 4th of July vacation deals on luggage, camping gear, swimwear, and more. Save up to 77% at Amazon, Calpak, Walmart, and Target.

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## We're head over heels for this Mickey & Friends Pair Eyewear collection

Pair Eyewear just dropped an adorable Mickey & Friends collection. Shop fun frames featuring your favorite talking mouse today.

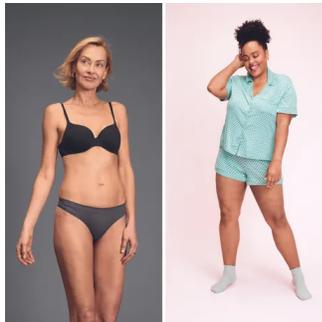
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## Save up to \$130 on Amazon kitchen deals ahead of Prime Day

With Prime Day 2024 just three weeks away, it's the perfect time to shop Amazon kitchen deals on GreenPan cookware, Keurig coffee makers, and more.

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## Target is relaunching its Auden line of sleepwear and intimates

Target is relaunching its Auden line. Here's what to know about the size-inclusive collection of bras, panties, socks, and pajamas.

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