

HOME & GARDEN

NEED TO CONSERVE WATER? HERE ARE 7 THINGS THAT CAN HELP

Stay hydrated and clean while saving water



Written by [Kaleb A. Brown](#), News Staff Writer who ties events you care about to products you need.
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Drought, contamination and rising water prices are just a few reasons why you may wish to limit or modify your water use. If it seems that water shortages are becoming more common, that isn't your mind playing tricks on you—thanks to climate change, **water scarcity grows worse each year.**

Whether you're looking to conserve water because your supply has been compromised or you're looking to keep your bills low as **energy costs rise**, here's what you can do to save water, while still staying hydrated and clean.

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1. Remain hydrated with plenty of bottled water



Water bottles are your best bet if you have limited use of your faucets.

If you have a water outage or are only allowed to use running water at certain hours of the day, it's a great idea to have a backup supply of clean water for drinking, cooking, bathing or other household uses. Unopened, commercially bottled water **is one of the safest and most reliable sources of water** to have in an emergency—whether it's a water outage or a **natural disaster emergency**, you should always keep plenty of water bottles stored at home in case you need them one day.

Stock up on at least one gallon per person per day: multiply one gallon by the number of people in your family and again by the expected days you'll be out of water. If you're in a pinch and don't have enough water stockpiled during a water outage, you can grab some cases from your local grocery or convenience store. You may also be able to get them sent to you via grocery delivery services like **Instacart** or **Shipt**.

[\\$10 from Amazon](#)

2. Stay clean with extra-large body wipes

If you can't access water or are restricted to using it at certain times, you may be longing for a long, hot shower. While we can't promise these massive body wipes will feel just as good as a warm shower, they do a great job in providing that post-shower freshness.

Epic Wipes are a natural solution for cleaning off sweat and odor, without leaving any sort of uncomfortable residue. These extra-large wipes also happen to be 100% biodegradable as they're made from bamboo. With an average 4.8 rating, these wipes are your next best option to a shower—plus, they make great additions to any **survival kit** when you might not have access to a shower for a long period of time.

[\\$25 from Amazon](#)

3. Refresh your hair with dry shampoo



Credit: Reviewed / Getty Images / Dove

Freshen up hair with the Dove's dry shampoo.

Similar to the body, hair can start to feel dirty and greasy after skipping one too many washes. Thankfully, there are waterless solutions for that, too. Dry shampoo is a wildly popular product that can help treat oily, greasy roots without having to wash your hair—and while it's great for everyday use, it's an awesome go-to for when you don't have access to water or simply want to conserve your water usage.

Our **favorite dry shampoo we've ever tested**, Dove Volume & Fullness Dry Shampoo, has a clean scent that visibly rejuvenates hair without leaving behind any residue or weight to your hair.

\$8 from Target]

4. Take care of your locks with a dry conditioner

Yes, dry conditioner exists, too. According to reviewers, this waterless hair product is a game-changer. The Locks Smith Dry Styling, Hydrating Dry Conditioner Spray, is the best-rated dry conditioner on Amazon, with over 800 five-star reviews. Reviewers love it for its scent, price and moisturizing qualities.

\$9 from Amazon

5. Stay sweat-free with a powerful deodorant



Credit: Reviewed / Getty Images / ZeroSweat

Say goodbye to sweat stains and odors.

The temperature rising can be a struggle for those who sweat a lot. With decent deodorant, you won't have to take multiple showers per day every time you perspire.

The **ZeroSweat antiperspirant deodorant** is a clinical strength option that'll reduce arm sweat for up to seven days. The aloe vera-infused balm deodorant is loved by reviewers—one even says they like to use it for foot sweat, too.

\$20 from Amazon

6. Use a rain barrel to help with future water conservation

Before a power outage or water restriction happens—or, if you're looking to save water for environmental or monetary purposes—consider investing in a rain barrel. Rainwater is a valuable resource that often ends up going down your home's gutters.

You can make good use of nature's water source with **rain barrels**, which are large containers that catch and store rainwater that runs off of your home's roof. Rainwater from barrels can be used as a water source for **laundry, irrigation and flushing toilets**. This kind of water swap can significantly cut down on your water costs and waste.

Rain barrels are easy to install and use. This sturdy, highly-rated rain barrel holds 50 gallons of water and comes with a spigot so you can connect it to a garden hose.

\$147 from Amazon

7. Use the dishwasher rather than doing the dishes by hand



Credit: Reviewed / Getty Images / bonetta

Save water by letting the dishwasher do the work.

Here's a myth you may have believed to be true: Washing dishes by hand, rather than the dishwasher, saves water. Here's the truth: automatic dishwashers actually use far less water than hand scrubbing with soap and water, and there are **plenty of studies** to back this up. We put **it to the test** to see for ourselves and found that you're likely to use 3.5 times as much water as a dishwasher does. Talk about a huge dent in your water bill.

If you're in the market for a new dishwasher, we've **tested and reviewed plenty of brands and models**. Our favorite overall choice is the **Bosch 800 Series SHPM88Z75N** for its quiet yet powerful stain-removing performance. We also love the **Beko DUT25401X** as a value option. Like the Bosch, it boasts excellent performance and has plenty of useful space. It's Energy Star-certified, too, meaning it's strategically designed to **reduce energy and water consumption**, as well as improve overall performance.

\$1500 from Best Buy

\$629 from AJ Madison

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