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# Things you can't bring through airport security—and alternatives that are TSA-approved

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Reviewed

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Traveling can be a lot of fun, but undoubtedly the least enjoyable part of any trip is navigating the airport. You may have to deal with layovers, delays and, yes, the Transportation Security Association's (TSA) regulations that can throw a wrench in your packing.

It can be a bit confusing figuring out what you can or can't bring, especially as it relates to your toiletries. We'll walk you through the basics and what you can—and should—pack in your carry-on for your next trip.

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## What is the 3-1-1 rule?

The 3-1-1 rule is the guideline that you must follow for your liquids to be allowed through security. Each liquid must be in a 3.2-oz or less container (3), all the containers must fit inside a 1-quart bag (1) and you can only bring one of these bags aboard with you (1).

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# What can go through airport security with you

## A TSA-compliant bag

When it comes to packing a TSA-compliant bag, the most important product you'll need is the bag itself. As per TSA-guidelines, the bag must be clear and be no bigger than one quart in capacity. Fortunately, this top-rated bag from Amazon fits the bill. With over 12,000 five-star reviews, buyers love bags by PACKISM for their sturdiness, size, value and ease-of-use.

**\$8 from Amazon**

## Travel-sized toothpaste

Your dental health is important, so make sure to pack travel-sized toothpaste for your next trip. Colgate is a widely trusted toothpaste brand that has several small sizes to choose from. A 1.4-ounce tube might be better for a longer trip, but a 0.88-ounce tube will allow you to fit more items in your quart bag.

**\$2 from Amazon**

**\$7 from Amazon**

## Travel-sized shampoo

Shampoo is another vital toiletry to pack along for an extended trip. One well-reviewed shampoo to consider buying is MoroccanOil's moisturizing shampoo. It has over 15,000 five-star ratings, with buyers loving it because it leaves their hair feeling soft, moisturized and healthy.

**\$12 from Amazon**

## Travel-sized body wash

Body wash is another one that often gets confiscated by TSA because of its size. Aveeno is a popular body wash brand available on Amazon that comes in just the right size for travel. Reviewers love it because it's nearly scentless and moisturizes skin well.

**\$15 from Amazon**

## Travel-sized deodorant

Being squished next to someone on a long plane ride is bad enough; adding B.O. to the mix can make the situation *a whole lot worse*. Don't be that person. Instead, make sure you pack (and use) quality deodorant for the plane ride. We also suggest making sure that deodorant is also anti-perspirant. Popular deodorant brands Degree and Invisible both offer their products in travel sizes.

**\$6 from Amazon**

**\$7 from Amazon**

### Refillable travel bottles

Why limit yourself to brands with travel-sized containers. By using small, refillable containers, you can take your favorite brands of toiletries with you. Vonpril sells a four-pack of 2-oz, leak-proof, squeezable refillable containers that will meet your travel needs. Reviewers love that these bottles are easy to fill, easy to clean and sturdy.

**\$10 from Amazon**

### A pre-packaged travel kit

There are several pre-packed TSA-compliant bags that you can buy ahead of your next trip to make packing a lot easier. Convenience Kits International offers their pre-packed bags in both Women's and Men's versions. Buyers of both say that these packs have all the essentials you'll need to enjoy your trip such as tooth paste, a tooth brush, deodorant and a comb.

**\$10 from Amazon**

**\$6 from Amazon**

### A refillable water bottle

You can bring a water bottle through security at airports—so long as it's empty. While a minor inconvenience, most airports have a water fountain or restaurants that offer water for you to fill up your bottle. If you're looking for a new reusable water bottle, we recommend checking out the best one we've tested, the Brita BB11 Premium Filtering Water Bottle. We love this water bottle because it opens with one hand, its strong filter keeps out scents and odors and its insulation keeps water cool for up to 24 hours.

**\$30 from Amazon**

## Carry-on luggage

Your meticulous packing is all so that your necessities can fit in this—a carry on bag. If you're in the market for a new carry-on, we recommend our favorite, the Osprey Transporter Wheeled Carry-On. This lightweight carry-on features all-terrain wheels for smooth travel and a sturdy, retractable handle. For a less pricey option, we recommend our budget pick, the American Tourister Triumph NX 20" Spinner, which is spacious and easy to organize.

**\$320 from Amazon**

**\$86 from Kohl's**

## Checked luggage

What cannot fit (or isn't allowed) in your carry-on will have to go in checked luggage. The best checked luggage we've tested is the Travelpro Platinum Elite 29" Expandable Spinner thanks to its maneuverability, easy access and high-quality build.

**\$400 from Amazon**

Still unsure about an item you plan to travel with? Visit [TSA.gov](https://www.tsa.gov) for a complete list of what you can bring—and how to do so.

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